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|  | **Summary of Useful Plants** | | | |
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|  | **Herbaceouss Plants** |  |  |  |
|  | **Common Name** | ***Latin Name*** | **Guild Function** | **Human Value** |
|  | Yarrow\* | *Achillea millefolium* | Insectory, Nutrient Accumulator | Dye |
|  | Anise Hyssop\* | *Agastache anethiodorum* | Insectory | Spice, tea, salads |
|  | Hollyhock\* | *Alcea rosea* | Insectory |  |
|  | Nodding Pink Onion\* | *Allium cernuum* | Insect (and mole) Repellent | Edible herb |
|  | Garlic | *Allium sativum* | Nutrient Accumulator, suppresses grass/weeds | Edible flowers, leaves, and roots |
|  | Chives\* | *Allium schoenoprasum* | Nutrient Accumulator, Fortress Plant | Edible herb |
|  | Garlic Chives | *Allium tuberosum* | Nutrient Accumulator, Insect Repellent | Edible herb |
|  | Utah Serviceberry | *Amelanchier utahensis* | Wildlife Nurturer | Edible berries (for jams, juices) |
|  | Indigo Bush, Lead Plant | *Amorpha canescens* | Nitrogen Fixer, Insectory |  |
|  | Chamomile\* | *Anthemis tinctoria* | Nutrient Accumulator |  |
|  | Columbine\* | *Aquilegia sp.* | Insectory |  |
|  | Rockcress\* | *Arabis sp.* | Ground Cover, Insectory |  |
|  | Horseradish\* | *Armoracia lapathifolia* | Spikeroot, Nutrient Accumulator, Mulch-Maker | Flavorful herb |
|  | Black Chokecherry | *Aronia melanocarpa* | Wildlife Nurturer | Used to make juice, wine |
|  | Wormwood\* | *Artemesia absinthium* | Insect Repellent |  |
|  | Wild Ginger | *Asarum caudatum* | Slug pollinated | Spice |
|  | Milkweed, Butterfly Flower | *Asclepias tuberosa* | Spikeroot | Attracts monarch butterfly |
|  | Asparagus\* | *Asparagus officinalis* |  | Edible stem |
|  | Alyssum, Basket of Gold\* | *Aurina saxatilis* | Insectory |  |
|  | False Indigo\* | *Baptisia australis* | Spikeroot, Insectory |  |
|  | Bluebeard\* | *Caryopteris incana* | Insectory | Self-Seeding |
|  | Jupiter's Beard | *Centhranthus ruber* | Insectory | Self-Seeding, Drought-tolerant |
|  | Fernbush, Desert Sweet\* | *Chamaebatiaria millefolium* | Nutrient Accumulator, mulch-maker |  |
|  | Good King Henry | *Chenopodium bonushenricus* | Insectory, Nutrient Accumulator | Edible Flowers and leaves, Dye |
|  | Shasta Daisy | *Chrysanthemum maximum* |  |  |
|  | Chicory | *Cchorium intybus* | Insectory, Nutrient Accumulator | Edible flowers, Leafs, Roots |
|  | Bugbane | *Cohosh cimicifuga* | Insect Repellent |  |
|  | LemonGrass | *Cymbopogon citratus* | Fortress Plant | Edible herb |
|  | Mormon Tea\* | *Ephedra viridis* |  |  |
|  | Azure Fairy' Fleabane | *Erigeron sp.* | Insectory |  |
|  | Wild Buckwheat | *Eriogonum umbellatum* | Erosion Control, Green Manure, Spikeroot |  |
|  | California Poppy | *Eschscholzia californica* | Insectory |  |
|  | Apache Plume\* | *Fallugia paradoxa* | Erosion Control, Screening, Wildlife Habitat, N-Fixer |  |
|  | Fescue grass (native) | *Festuca sp.* | Native Understory |  |
|  | Fennel\* | *Foeniculum vulgare* | Insectory, Insect Repellent, Nutrient Accumulator | Edible |
|  | Alpine or Woodland Strawberry | *Fragaria vesca* | Nutrient Accumulator, mulch-maker | Edible fruit |
|  | Blanket Flower\* | *Gaillardia aristata* |  |  |
|  | Sticky Geranium\* | *Geranium viscosissimum* | Insectory |  |
|  | Utah Sweetvetch, Boreal Sweetvetch\* | *Hedysarum boreale* | Nitrogen-Fixer, Insectory |  |
|  | Blue Oat Grass\* | *Helictotrichon sempervirens* |  |  |
|  | Dame's Rocket\* | *Hesparis metronalis* | Insectory | Edible herb, essential oil for perfume |
|  | Maple Mallow, Streambank Wild Hollyhock\* | *Iliamna rivularis* | Insectory |  |
|  | Red Hot Poker, Torch Lily | *Kniphofia pfitzeri* | Insectory, Fortress Plant |  |
|  | Perennial Pea, Everlasting Pea | *Lathyrus latifolius* | Nitrogen Fixer |  |
|  | SweetPea | *Lathyrus odoratus* | Nitrogen Fixer | Flowers smell wonderful |
|  | Lavender\* | *Lavandula sp.* | Insectory | Fragrance, dyes |
|  | Lovage | *Levisticum officinale* | Insect Repellent |  |
|  | Lupine\* | *Lupinus sp.* | Nitrogen Fixer |  |
|  | Creeping Mahonia\* | *Mahonia repens* | Groundcover, Insectory, Wildlife Nurturer |  |
|  | Lemon Balm\* | *Melissa officinalis* | Insect Repellent |  |
|  | Peppermint\* | *Mentha X peperita vulgaris* | Insectory | Edible leaf, Tea |
|  | Spearmint | *Mentha spicata* | Insectory | Ecible leaf, Tea |
|  | Bee Balm\* | *Monarda didyma* | Insectory | Tasty tea and potpourri |
|  | Beardtongue\* | *Penstemon sp.* | Insectory |  |
|  | Russian Sage\* | *Perovskia atriplicifolia* | Insectory, Hummingbirds | Windbreak, Dye |
|  | Rhubarb\* | *Rhuem haponticum* |  | Edible stalks-used to make pie, Dye |
|  | Alpine Currant\* | *Ribes alpinum* | Wildlife Nurturer | Edible fruit |
|  | Golden Currant | *Ribes aureum* | Wildlife Nurturer | Edible fruit |
|  | French Sorrel\* | *Rumex scutatus* |  | Edible leaf, Dye |
|  | Garden Sage\* | *Salvia officinalis* | Insect Repellent | Edible herb |
|  | Variegated Sage\* | *Salvia officinalis icterina* | Insect Repellent | Edible herb |
|  | Goldenrod | *Solidago sp.* | Insectory, Insect Repellent |  |
|  | Comfrey\* | *Symphytum officinale* | Nutrient Accumulator, mulch-maker | Compost Tea |
|  | Lemon Thyme\* | *Thymus citriodorus* | Ground Cover, Insectory | Flavorful herb |
|  | Elfin Thyme\* | *Thymus praecox* | Ground Cover, Insectory |  |
|  | Wooly Thyme\* | *Thymus pseudolanuginosis* | Ground Cover, Insectory |  |
|  | Mother of Thyme\* | *Thymus serpyllum* | Ground Cover, Insectory |  |
|  | Creeping Veronica | *Veronica umbrosa* | Ground Cover |  |
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|  | **Shrubs and Trees** |  |  |  |
|  | **Common Name** | ***Latin Name*** | **Guild Function** | **Human Value** |
|  | Alder | *Alnus spp* | Insectory, Habitat | Windbreak, Hedgerow, Dye, Wood |
|  | Serviceberry\* | *Amelanchier utahensis* |  |  |
|  | Paw Paw | *Asimmina trilobata* | Wildlife Habitat | Dye, Fiber |
|  | Harlequin' Butterfly Bush\* | *Buddleia davidii* | Insectory | Dye, Hedgerow |
|  | Barberry | *Berberis vulgaris* | habitat, Forage | Edible fruit, Tea, Windbreak, Hedgerow |
|  | Siberian Pea Shrub | *Caragana aborescens* | Insectory, N-fixer, soil stabilization | Dye, Windbreak, Hedgerow |
|  | Netleaf Hackberry | *Celtis reticulata* |  | Edible fruit |
|  | Hackberry | *Celtis spp* | Habitat, Chicken Forage | Edible fruit, Windbreak, Hedgerow, Dye |
|  | Mountain Mahogany\* | *Cercocarpus montanus* | Wildlife Nurturer |  |
|  | Red Stemmed Dogwood | *Cornus stolonifera* | Native Understory, Wildlife Nurturer |  |
|  | Filbert\* | *Corylus maxima* | Wildlife Nurturer | Edible nuts |
|  | Date Plum | *Diospyros lotus* |  | Edible fruit |
|  | American Persimmon | *Diospyros virginiana* | Wildlife Habitat | Edible fruit |
|  | Goumi\* | *Elaeagnus Multiflora* | Insectory, Wildlife Habitat, N-fixer |  |
|  | Autumn Olive\* | *Eleagnus umbellata* | Nitrogen Fixer | Edible berries |
|  | Azarole | *Erataegus azarolus* |  |  |
|  | Hyssop | *Hyssopus officinalis* | Insectory | Windbreak, Hedgerow, Tea |
|  | Apple\* | *Malus sylvestris* | Insectory, Habitat, Forage | Edible fruit |
|  | White Mulberry\* | *Morus alba* | Habitat, Chicken Forage | Edible Fruit, Dye, Windbreak, Hedgerow |
|  | Black Mulberry | *Morus nigra* | Habitat, Chicken Forage | Edible fruit |
|  | Utah Juniper\* | *Juniperus osteosperma* | Native Overstory, Wildlife Nurturer | Edible berries (after processing) |
|  | Pinyon Pine\* | *Pinus edulis* | Native Overstory, Wildlife Nurturer | Edible nuts |
|  | Apricot\* | *Prunus ameniaca* | Insectory, Wildlife Habitat | Edible fruit |
|  | Sand Cherry | *Prunus besseyi* | Wildlife Nurturer | Edible fruit, dye |
|  | Cherry | *Prunus cerasus* |  | Edible fruit |
|  | Plum\* | *Prunus domestica* | Insectory, Habitat, Forage | Windbreak, Hedgerow |
|  | Nanking Cherry\* | *Prunus tomentosa* |  | Edible fruit |
|  | Chokecherry | *Prunus virginiana melanocarpa* | Wildlife Nurturer | Edible fruit |
|  | Asian Pear\* | *Pyrus pyrifolia* |  | Edible fruit |
|  | Staghorn Sumac | *Rhus typhina* | Habitat | Edible fruit, Windbreak, Hedgerow, Dye, Soil Stabilizer |
|  | Wax Currant\* | *Ribes cereum* | Insectory, Habitat, Chicken Forage, | Edible fruit |
|  | Golden Currant | *Ribes aureum* | Insectory, Habitat, Forage | Edible fruit, Hedgerow |
|  | Gooseberry\* | *Ribes uva-crispa* | Insectory, Habitat, Ckicken Forage | Edible Fruit, Hedgerow |
|  | Wild Rose | *Rosa acicularis* | Wildlife Nurturer | Windbreak, Hedgerow, Rose hips used in tea, fruit leather, chutney, jam |
|  | Woods Rose\* | *Rosa woodsii* | Wildlife Nurturer |  |
|  | Red Raspberry | *Rubus idaeus* | Insectory, Habitat, Chicken Forage, | Hedgerow |
|  | Black Raspberry | *Rubus occidentalis* | Insectory, Habitat, Chicken Forage, | Tea |
|  | Coyote Willow | *Salix exigua* | Wildlife Habitat | Crafts, building |
|  | Elderberry\* | *Sambucus* | Inectory, Wildlife Habitat | Dye |
|  | Buffaloberry\* | *Sheperdia argentea* | Insectory, Habitat, N-Fixer, Chicken Forage | Edible Fruit, Dye, Windbreak, Hedgerow, Drought Resistant |
|  | Spirea\* | *Spirea sp.* | Insectory |  |
|  | Snowberry\* | *Symphoricarpos albus* | Wildlife Nurturer, Streambank Stabilization | Edible for birds when other food sources low |
|  | Korean Dwarf Lilac | *Syringa meyeri palibin* | Insectory |  |
|  | Pluot\* | *Apricot and Plum Hybrid* |  | Edible fruit |
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|  | **Climbing Vines** |  |  |  |
|  | **Common Name** | ***Latin Name*** | **Guild Function** | **Human Value** |
|  | Hardy Kiwi | *Actinidia arguta* |  | Edible fruit |
|  | Mountain Yam | *Discorea batatas* |  | Edible root |
|  | Hops | *Humulus lupulus* | Insectory, Habitat | Dye, Fiber |
|  | Honeysuckle\* | *Lonicera spp* | Insectory, Habitat | Tea, Basketmaking |
|  | Canyon Grape | *Vitis arizonica* |  | Edible fruit |
|  | Wisteria | *Wisteria sinensis* | Nitrogen Fixer, Insectory |  |
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